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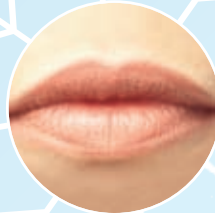
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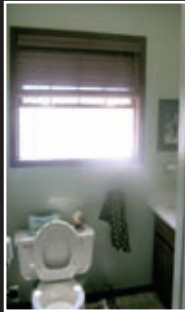
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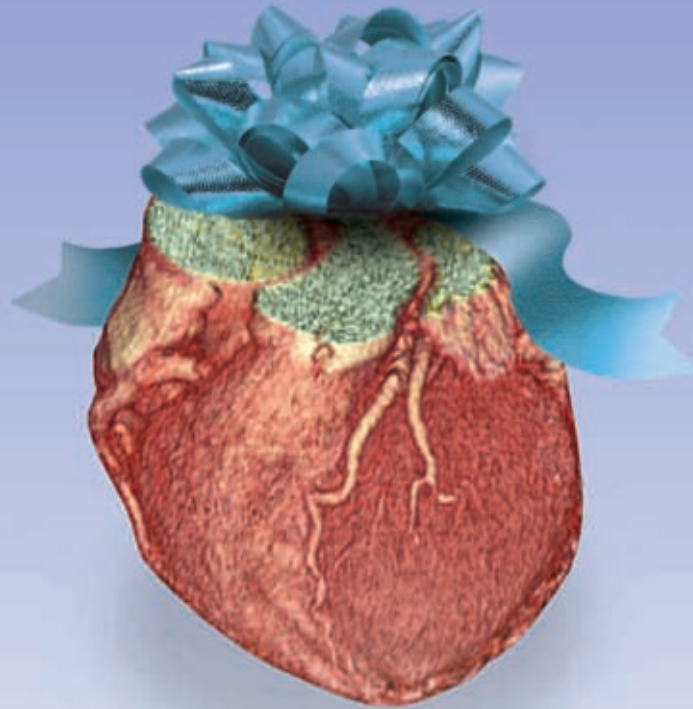
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**ON THE COVER**  
The excitement flows.  
Spitfire aces Ryan Ellis  
and Taylor Hall: new uniform,  
new success, new home.

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Dr. S. Kaila M.D., F.R.C.S.C. is the director of the Bluewater Surgical Centre Ltd. He has completed his undergraduate training at the University of Toronto, his medical degree at the University of Western Ontario and his plastic surgery residency at the University of Western Ontario. Dr. Kaila is a board certified plastic surgeon, certified by the Royal College of Physicians and Surgeons of Canada.

He is the director of the CAAASF (Canadian Association for Accreditation of Ambulatory Surgical Facilities) and as such is dedicated to patient safety and ensuring that surgical centres across Canada meet certain safety standards for patients.



Dr. S. Kaila  
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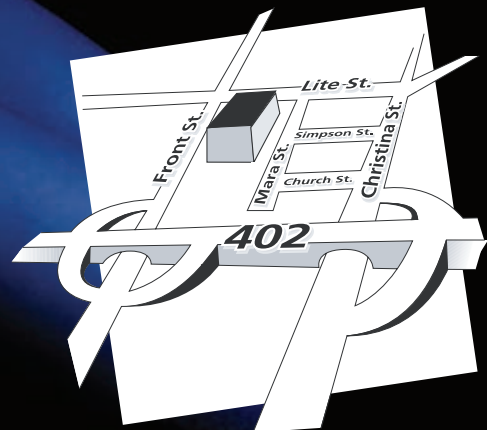


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### Publisher's Note

This season of the year has a unique and magical feeling to it.

We couldn't escape it even if we tried, and most of us wouldn't think of doing that, anyway.

In addition to the nip and brace of the air, the holiday decorations, the springier steps and the happier greetings...there's something else that's so important in this complex world of ours.

We truly, genuinely, think of others more often than we do in any other season.

This takes the form of a kinder word here and there; slipping an extra toonie or some folding money into a charity kettle or the collection plate; donating some of our assets or talents to the remarkable organizations which help others and with which Windsor-Essex and this entire good nation of Canada is so abundantly blessed.

That's the true spirit of the season.

Windsor Life's Holiday edition reflects this. For instance:

The Spitfires. We have lots to say about them and their successes and the magnificent new WFCU Centre...their new home...and the way they're bringing our community together in the most Canadian way possible: through hockey.

But we also consider those who are young as well, but are yearning for homes and families of their own: the kids of the Children's Aid Society who are ready...waiting...hoping...to be adopted.

It was 25 years ago that magic happened along Chrysler Centre and it's still happening; we examine the first quarter century of what we used to call the Magic Wagon and now familiarly refer to as the minivan.

And we also present our usual array of talented and fascinating people and places...Walkerville is 150 years young this year, after all...and then we look back at what in some respects was a hauntingly similar holiday season, 70 years ago in 1938, and how we can identify with the feelings people had then.

But our feelings for you, our readers, advertisers and supporters, have never changed over 15 years of traveling with you.

As always, we thank you for the privilege and we extend to you every good wish.

Happy holidays, all. See you...next year!

Bob Robinson




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# HALL AND ELLIS

## TWO OF CANADA'S BRIGHTEST YOUNG STARS

STORY BY KEVIN WICKHAM / PHOTOGRAPHY BY DICK HILDEBRAND

**On a Tuesday afternoon** in early November, one week before the date on which we remember our war heroes, two of Canada's youngest and most decorated hockey Spitfires, away from home for their second year of on ice action, take to the Windsor Arena. They're on a different kind of mission but already the enemy is very much aware of the damage they can inflict.

They were both born in 1991: one in January in Ontario; the other in November in Western Canada.

They are two of the brightest lights on one of the best teams in Canadian Junior Hockey: the Windsor Spitfires.

Meet Ryan Ellis, the January birth, from a bedroom community near Hamilton; and Taylor Hall, the Alberta native, who now calls Kingston home. Hall and Ellis. It has an almost musical ring to it. They're different physically but they're cut from the same cloth when it comes to winning. Ellis, a defenseman by trade with a propensity to take a game over with his offensive attributes...an accurate, booming shot and instinctive feel for the game...shoots right, stands a few inches under six feet and was a second round pick of the Spitfires last season and a 22nd pick overall. Hall, on the other hand, is a shade over six feet, a fleet footed scoring dynamo who shoots from the left side, was drafted second overall a year ago and is being touted as the next great Canadian junior by a number of media experts.

As the Spitfire practice begins at 2:30 in the afternoon, a 12 minute six drill complement of breakout plays, high tempo game scenarios and shooting drills shows not only the confidence of the team but its depth of skill and continuity. Hall exemplifies his talent on an offensive attack drill, breaking to the net on his off wing and when forced to readjust his body position to receive a goal-mouth pass, lifting his right skate, leaning on his left and depositing the puck under the bar into the back of the net. He celebrates with a smile, a shout and raised arms.

Later in the 60 minute practice, Ellis works on his one timer with a teammate feeding him passes. He is positioned on the left wing 25 feet from the net. There's no goaltender; it's just target practice. With precision and accuracy he scorches eight of 10 pucks into the upper right hand corner. The two which don't connect

narrowly miss the same corner crossbar by inches, caroming off the end glass.

In the past year, the two young guns have shown these skills not only to Spitfire fans but to the international hockey community, representing their country in three international events. Over last year's Christmas holidays, Hall and Ellis led an Ontario All Star Team in the World Under 17 Hockey Challenge, an annual event played in Canada. London was the host this past year, and the home side prevailed in the gold medal game, fashioning a 3-0 victory over the U.S. national team. In April, after the Spitfires were eliminated from the Ontario Hockey League playoffs by Sarnia, Hall and Ellis were off again to another tournament to represent their country...this time in Kazan, Russia, to play in the World Under-18 Championship. They were two of the four underage players to be selected. Hall was the youngest. Again Canada reached the finals. This time they would meet the home country and undefeated Russians, who had beaten the Canadians in the preliminary round. But in one of the most lopsided victories in Canadian international hockey history, the Under 18s captured the gold medal, administering an 8-0 thrashing which had even the pro-Russian crowd of 10,000 cheering for the maple leaf squad in the third period. Hall and Ellis contributed a goal and assist respectively in the championship game. In the seven game tournament, Hall had nine points and Ellis had seven. Then thirdly, the final tour of duty for this Canadian duo came in August in the Under 18 Summer Championship, known as the Ivan Hlinka Memorial Tournament, formerly called the Junior World Cup. This tournament features the top eight hockey playing nations in the world in a three game round robin format, with the teams possessing the two best records in each pool advancing to a winner-take-all gold medal game. Hall and Ellis were alternate captains

Taylor Hall (left) and Ryan Ellis (right)  
sport the new Windsor Spitfires Jerseys.



and again key contributors to the team, leading Canada to the gold medal game after the club won all three games and its two exhibition matches. Again they met the Russians, who were obviously seeking revenge for their April defeat. But again, with Hall and Ellis scoring in the first period, Canada captured the gold medal with a decisive 6-3 victory.

Three tournaments representing their province and country, three gold medals, and they're only 17. So.....who are these guys?

In his rookie season last year, Hall, who lived in Calgary until he was 13 years old, tallied 45 goals and 84 points in just 63 games. With his eye catching grab bag of skills - speed, agility and one-on-one unpredictability - Hall has been the subject of intense media focus this past year, even south of the 49th parallel. He was featured in the July 2008 issue of Sports Illustrated magazine. The article's intent was to look at 16 future stars who might have an impact on professional and Olympic level sports in the next decade. Hall was the only Canadian to make the elite 16. He was also acclaimed last year on Hockey Night in Canada by the bombastic Don Cherry, a fellow native of Kingston. On his CBC Coach's Corner segment, Cherry said he witnessed Hall's talents many times during the player's Midget days and he predicted Hall would be a star and would be drafted number one overall in his draft year of 2010.

## **“Hall and Ellis...has an almost musical ring to it. They're different physically but they're cut from the same cloth when it comes to winning.”**

"That was pretty cool," Hall remembers. "I think how that started was, I'm with Bobby Orr's agency and they're kind of tight (Cherry and Orr). We were in Brampton at that time and at a restaurant. That was awesome!" Of note, Hall's player agent with the Orr Hockey Group is Darren Ferris. And like Bobby, his Hall of Fame Boston Bruin idol, Hall also wears number four.

Ellis, eligible to be drafted by the NHL this coming summer, also has a player

representative: Uptown Sports Agency in Burlington. His player agent is Kyle Dubas, who could be very busy in the next six months, especially if Ellis continues his scoring exploits and he gets an invite to Canada's Under 20 National Team camp and the Spitfires play in the Memorial Cup. If all this happens, Ellis's stock will rise even more. According to the various ratings services which track and monitor players in their NHL draft year, as of October, Ellis is a consensus first round pick, possibly even being among the top 10 in what is projected to be a very talented draft.

As young aspiring hockey talents growing up in Canada, both players have favourite professionals they have admired.

Ellis, a 5 foot 10 inch 178 pound right handed shooting defenseman, names Rob Blake, the right handed shooting All Star veteran defenseman of the San Jose Sharks, as a player he tries to emulate. Ellis's grandfather, on his mother's side, and Rob Blake's dad, are good friends from baseball. Because of this relationship, Ellis met Rob Blake when he was younger. The Spits blueliner also compares his playing style to NHL All Stars Brian Rafalski, Bryan Campbell, and a former Team Canada junior national team gold medalist, undersized defenseman Kris Russell, who is currently trying to make his mark with the Columbus Blue Jackets.

Hall, a 6 foot, 180 pound left shooting forward, has a very noticeable knee bent skating style: a style he equates to his "low

centre of gravity". Some pundits have referred to Hall's gait as bow legged, similar to that of NHL speed merchants Pavel Bure, Martin Havlat and Pittsburgh's captain Sidney Crosby. They are all players Hall admires and tries to emulate.

Hall and Ellis have both come from strong family backgrounds, with unlimited support from their parents.

"My dad played pro sports when he was in his prime," Hall says, pointing out that he learned the values of dedication and

perseverance to his sport from his father. Steve Hall, Taylor's dad, played wide receiver in the mid 1980s for Ottawa, Hamilton, Toronto and Winnipeg of the Canadian Football League.

"My parents made a lot of sacrifices," Hall recalls. "My dad built a rink for me every year in the backyard. They dedicated a lot of their lives to better myself in hockey and to get me to different levels," the second year sophomore forward says.

"Family is a big part of your life," states the 17 year old Ellis. "I know my parents dedicated a lot. We had to drive hours on end to play. I lived in Hamilton and played in Toronto for a few years and that was an hour drive, four or five times a week, so my mom and dad mean a lot to me and just having them there through the last couple of years of the OHL it's a meaningful thing."

As with many athletes, habitual superstitions become a part of the two players' daily personalities and game day activities.

Hall's pre game preparations include a shower before every game, energy drinks, to be second or last coming out of the dressing room before game time and to exchange a handshake with Ellis.

Ellis's individual habits are rituals of the sport. He gets dressed the same way every game, right skate before left, trying to replicate his pre-game mannerisms the same way every day.

Regarding their decision to choose Major Junior Hockey in Canada instead of the college hockey route in the United States, Hall says, "I'm not a big fan of school anyway so I'm kind of happy to be over with it this year, but I wanted to go the OHL all the way. It's where you become a better hockey player and you really grow up as a kid." He also feels that the Major Junior schedule of 68 games and the playoffs can prepare him better for life as an NHL player.

Ellis's chosen path was more difficult because he had a major college program offering him a full ride, four year hockey scholarship. The Ohio State Buckeyes of the National Collegiate Athletic Association (NCAA) wanted Ellis to wear the scarlet and grey in Columbus but because of a glitch with the academic offerings, Ellis chose to take off with the Spitfires.

With both players ratcheting up their games this year, their on ice performances are being noticed provincially as well as nationally. In the first week of November,



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OHL league statistics saw Ellis and Hall atop the scoring leader board. They've also earned two OHL Player Of The Week honours: first Hall on October 27th; then Ellis on November 3rd. Moreover, both Spits have been invited to play for the OHL All Stars in late November in the annual ADT Challenge against a Russian select team. Players for this event have been selected by a group of general managers in the OHL as well as Hockey Canada scouts, in order to determine potential candidates to be invited to the National Junior Team Under-20 evaluation camp in December. This year's World Junior tournament at Christmas is in Ottawa.

Ellis describes his teammate Hall as "a great guy on and off the ice, very fast, a dynamic all around player and a great guy in the dressing room."

About Ellis, Hall says, "Off the ice, Ryan is a great kid. He loves to have fun. He's always talking. We hang around together and he's just a good guy to be around, and if you're in a bad mood he'll get you up, but on the ice, I'd say, he's probably the smartest player I've ever played with, a very underrated skater, and on the power play he's unbelievable. He knows what to do with the puck every time he gets it and I very rarely ever see him make a mistake."

Hall goes on to extol the virtues of Ellis's shot and his intelligence, stating they are the defenseman's best attributes.

"It's not surprising that he's tied for the lead in OHL scoring. He just knows what to do with the puck before he gets it every time and he always makes the best play."

Looking to the future, Ellis and Hall both have their sights set on the former Junior team home of Sidney Crosby and Vincent Lecavalier - Rimouski, Québec - which will play host to the Canadian Hockey League showcase event, the Memorial Cup, this coming May. Not since 1988, in Chicoutimi, Québec, have the Spitfires played in the annual CHL championships, pitting the winners of the Western Hockey League, Québec Major Junior Hockey League, the OHL and the host team.

"For our team, I think the Memorial Cup...it's the only thing we expect from ourselves, especially being number one ranked through the last seven weeks. The only way to go is to win it, but we have to take it step by step, win the league, playoffs, then the Memorial Cup," Ellis says.

Hall echoes Ellis's passion for bringing



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the Memorial Cup to Windsor. "We want to win the league and keep this thing going. I think it's the Memorial Cup or nothing. If we don't come out of this year with the Memorial Cup I think we'd be pretty disappointed," Hall states.

Hall and Ellis have also enjoyed their brief stay in Ontario's southwest. Both are currently in Grade 12 at St. Anne's High School.

"It's been an unbelievable experience here. Windsor is a great city. We live in Tecumseh-- great people, friendly town. It's a lot like Hamilton: the school's great, a lot of great contacts at St. Anne's. I couldn't ask for anything else," Ellis reflects.

"I'd say my experience here has been phenomenal," Hall comments.

"I didn't really know what to expect coming from Kingston but it has been very nice. I love Tecumseh where we live. It's a nice little town and when we come here (Windsor Arena) the fans are phenomenal. It is unreal the support we get for this team. Everything I hoped for when I came here has come true."

Spitfire coach Bob Boughner was a defenseman in the NHL for 11 seasons. He played 630 games for six NHL teams, from 1995 to 2006. Having witnessed first hand the artistry of NHL legends Wayne Gretzky, Mario Lemieux, Jaromir Jagr and Steve Yzerman, Bob knows what talent looks like and what it takes to be a pro. The Spitfire coach envisions a bright future for Hall and Ellis.

"They are 'can't miss'," last season's OHL Coach Of The Year says. "Taylor is a game breaker with great speed. It's something you can't teach. He has great pop in his legs. Taylor has paid more attention to detail on the defensive side of the puck. He has become a complete player."

To describe Ellis, Boughner uses a football metaphor to characterize his diminutive rearguard, identifying him as a quarterback with intelligence and instincts well beyond his years.

Last season, Ellis won the award in the OHL for the player who best combines excellent play with academic achievement. The Bobby Smith Award, emblematic of the league's Scholastic Player Of The Year, was bestowed upon the Freelon, Ontario product (west of Hamilton) after he achieved an 81 percent average in grade 11 at St. Anne's, coupled with his productive 63 point season with the Spits.

Ellis and Hall were also named to the ►



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OHL All Rookie first team, with Hall also claiming the OHL and Canadian Hockey League Rookie Of The Year awards. Hall joins a who's who from the contemporary Junior league to have won the CHL Rookie award. It's a list that includes Sidney Crosby, Vincent Lecavalier, Joe Thornton and John Tavares, the 18 year old phenom from Oakville and nephew of the lacrosse legend of the same name who is projected to go number one or two in the coming summer's 2009 entry draft. Tavares, born in 1990, was ineligible for this past summer's draft because his birthday, September 20th, falls a scant five days beyond the NHL cut off date for draft eligibility each year. Hall, born November 14th, 1991, like Tavares, must also wait an extra year to fulfill his dream of hearing his name selected by an NHL general manager. His draft year is 2010, and early projections have him rated first or second overall. Former Spitfire defenseman Ed Jovanovski, in 1994, was the only player in Spitfire history to go first overall in the NHL entry draft. Jason Spezza was second overall in the 2001 entry draft.

With all their similarities, there is one minor difference that does exist between these two young stars. Ellis has added a couple of artistic drawings on his upper torso, tattoos if you will: one a hockey design on his back and a second, on his upper arm, in memory of former Spitfire captain Mickey Renaud.

As a concluding question, the two Spitfires were asked this: "If you could have dinner with three people, either alive or not with us any longer, from any walk of life, who would you choose, and why?"

Their responses speak volumes about the values of these two young Canadian athletes.

Hall replied, "Wayne Gretzky, Sidney Crosby and Mickey Renaud."

Ellis said, "Gretzky, Tiger Woods and Martin Luther King."

In all, the players, the staff and in general, the team itself, provide encouraging indications that the Windsor Spitfires could be headed for great things and some alluring silverware this year.

So...as TV's McKenzie Brothers might have said in another context and another era: "Welcome to hockey night in Windsor, eh!"

But...oh yes...in Windsor's new hockey vernacular, EH is an acronym. It stands for Ellis and Hall.

WL



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Conveniently located in Walker Square near the Superstore on Walker Rd., Bombay is stocked with wonderful, affordable home décor items to deck the halls, trim the tree, dress the table, refresh the guest room and finish the rooms where everybody gathers.

Holiday decorations are presented in three exquisite colour themes. Joy to the World is merry in traditional red, green and gold. Winter Song is a frosty fantasy in silver, antique white, gold and bronze. The Whimsical theme appeals to children and kids at heart, enchanting with fun, bright colours and playful animals.



Also for 2008 is the International Nutcracker Collection featuring a Mountie with a toy moose, a lederhosen clad German, a beret topped Frenchman and a bagpipe playing Scotsman, to name just a few.

For the women who can't have enough shoes, Bombay has revealed its tree ornaments: the Antoinette pump, Blue Zebra boot, Amethyst Sandal pump, Black Tie pump and more.

There are plenty of things for under the tree as well. Personal and corporate gift lists can be quickly checked off with Bombay's memory and jewellery boxes, photo cubes, watch winders, men's valets, cigar humidors, flatware storage boxes, chess sets and poker caddies.

Although the holiday season is just around the corner, there is still time to replace tired, dated furniture with Bombay's classic pieces. A well placed occasional table, stylish lamp and a framed mirror can brighten a room easily and affordably. Bombay's Heathrow leather settee, in sumptuous brown leather, can fit wherever extra seating is needed.



Gathering around the table for the holidays, family and friends will be comfortable seated on elegant upholstered chairs, drawn up to Bombay's sculpted solid wood Hamilton base and glass topped table. Bombay's dining pieces are destined to become family heirlooms.

Additional storage required to hold wine bottles, stemware and china is resolved beautifully with a polished wood wine cabinet, mirrored glamour chest, sideboard or console. Arrange one as self serve bar or buffet, equipped with sparkling stemware and finished with a table runner and napkins.

Visions of sugarplums are sweeter when dreaming in a beautifully dressed bed. Bombay's coordinated sheets, pillows, shams and duvet covers bring warmth in tones of chocolate, red, gold and caramel. Bombay's four poster bed, sleigh bed and metal frame beds become the focal point in any bedroom.

All of these things and more can be viewed at Bombay's Web site, [www.bombay.ca](http://www.bombay.ca). Simplify your shopping by finding the perfect home accents and gifts all at Bombay. Spend a little time in the store so you can spend more time enjoying the holiday season.



The Bombay Team from left to right: Karen Parr, Maria Weir, Gu Jieqiong, Marie Cloutier, Richard Stewin, Mary Layfield, Krystin Giroux, Shelley Thrasher, Grace LaSorda (seated).

The colour themes make it easy to coordinate table linens, centrepieces, wreaths, swags and other decorative accents. Coloured glass finials, distinctive candle holders, fine china and graceful stemware add finishing touches.

Holiday traditions begin at Bombay. Every year, the company releases new versions of its exclusive nutcrackers, crafted of solid wood, hand painted and decorated. They are highly collectible, eagerly anticipated gifts.

The Peace on Earth 2008 nutcracker will benefit the Children's Wish Foundation. Bombay donates a minimum \$10,000 and more annually through this fundraiser.

# DRESDEN SKY

STORY BY DICK HILDEBRAND / PHOTOGRAPHY BY JIM FRITH



They've been described as the "Dylan and Baez" of our time by The Nanaimo News Bulletin. A Windsor publication has written, "The musical rapport of Erin Gignac and Marc Bertrand is absolutely magnetic, which makes for an almost disarmingly comfortable listening experience."

Erin and Marc have combined their musical skills to create Dresden Sky: a 21st Century folk-rock duo.

On stage, Dresden Sky embraces the audience with a remarkable rapport. The duo easily switches from piano to mandolin and acoustic and electric guitars. Their performances contain many musical genres including hints of country, jazz, ethnic and folk flavours, drawn from their many years of musical training and performance experience. Live gigs are often enhanced by a bassist and drummer.

Raised in Amherstburg, 31 year old Marc Bertrand lived in Windsor for the last nine years until he moved to British Columbia this past August. He's a freelance Web designer by trade and is in the process of building a recording studio in Tofino, B.C. He has maintained his Windsor client base and insists Dresden Sky's fans remain high on the group's list of priorities. In fact, the group will be returning to these parts next summer for a musical tour.

Music has been in Marc's life since his youth. As a teenager, his introduction to popular music was heavily influenced by Seattle grunge bands including Pearl Jam



Dresden Sky performs during the FAM Festival at the University of Windsor in September of 2007. Photo by Tara Rabie.



in blues bands," he recalls, "and I've always had an interest in it. My Grandpa was an amazing piano player and taught me the basics when I was really young. I started performing in my early 20s."

About five years ago, Marc hooked up

eventually started collaborating on new material. By the way...the prolific Erin Gignac has composed at least 50 songs!

In the meantime, 28 year old Erin, who understands the fickle nature of show business, has moved to Toronto where she's studying Shiatsu Message Therapy.

She took piano and vocal training at Cambrian College in Sudbury. She plays in the acoustic trio "The Rusty Halos" with her cousin Allison Brown and another Windsorite, Anna Atkinson, and is a member of the group "You, Me and Paul" with Simone Cazabon and Paul Loncke. In 2002, Erin released a self titled CD containing material from 10 previous years of writing and which is still available on her Web site: [www.eringignac.com](http://www.eringignac.com).

The Art Gallery of Windsor has asked for permission to use two of her songs for educational use: video portraits of Joan Murray and her involvement with the Group of Seven.

Dresden Sky's debut disc was a self titled five track effort released in 2005. It features a blend of home studio recordings and ▶

"Their performances contain many musical genres including hints of country, jazz, ethnic and folk flavours, drawn from their many years of musical training and performance experience."

and Soundgarden, which in turn, led him to explore older rockers such as Crosby Stills and Nash, Neil Young and Pink Floyd.

Members of Marc's family were also musically inclined. "My dad used to play bass

with Emeryville native Erin Gignac, who had been working at a Windsor club. A close friendship developed and soon Dresden Sky became a reality, merging two distinct musical styles into one. Marc and Erin performed each other's compositions and

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live concert performances and is an example of the group's diversity. The recording has been featured on numerous radio stations including CHYR in Leamington, CHRW in London, CJAM at the University of Windsor and nationally on the CBC's "Fresh Air". Original artwork for the EP's cover was created from a painting by drummer Brandon Sylvestre: a visual artist by trade.

Brandon hails from St. Joachim and is currently attending Teachers College at the University of Windsor, while bassist Joe Byrne is in the process of establishing a recording studio in Windsor. Both are described as "amazing musicians".

Dresden Sky is on hiatus at the moment, but by Christmas you can expect a Web only album with 8 tracks which was recorded "live in the studio" with Mitch "King Kong" Girio in Toronto this year.

According to Marc, "It's more reflective of our acoustic side as it features only Erin and myself playing largely acoustic guitars and mandolin."

Brian Kobayakawa of the "Creaking Tree String Quartet" guests on the album, playing the standup bass.

Log on to [www.dresdensky.com](http://www.dresdensky.com) for the music and more information on the group.

Next year, it's back to the studio for Dresden Sky to record a full band album at Joe Byrne's new Suffolk Sound Studio in Windsor.

Even though each member of the band can have a different musical taste and style, the end result of a collaboration is, according to Marc, "a rather rootsy, folksy blend of music, which is really a lot of fun to play".

Folk songs have always been a part of the North American musical landscape, from Pete Seeger's tributes to working people to the protests of Bob Dylan and Joan Baez to the happier times voiced by Peter, Paul and Mary and The Mamas & the Papas. The Canadian contribution has been substantial. Sylvia Fricker, the Chatham native who teamed with Ian Tyson as Ian and Sylvia, Nova Scotia's own Denny Doherty of The Mamas & the Papas and Gordon Lightfoot have left their indelible mark.

Over the past century, the folk genre has evolved due to the influence of rock, country, gospel and jazz. Dresden Sky, emerging from the rich talent pool in the Windsor area, is a prime example of this musical evolution and is counting on a serious listen, no matter what your age.

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With expert help from owners Rita Nagy and Sanja Livrinska and their staff members, you can face the holidays beautifully with a glowing complexion and flattering makeup that is actually good for your skin. At this joyful time, Pure Day Spa has just launched its own Pure line of cosmetics and a delectable selection of pampering services.

"We are very excited about our new private label Pure collection of mineral based cosmetics," says Sanja. "Rita and I personally create every colour. New shades are colour coordinated to every season." Hypoallergenic and free of chemicals and artificial colours, all products in the full line of Pure cosmetics are made to specification in Canada and are exclusively available at Pure Day Spa.

"Glitter eyeshadows in silver, gold and green are really big for the holidays," says Rita. "The icing sugar shimmer for the face and body adds the right amount of sparkle."

Known for its tasty treats for the skin, Pure Day Spa is offering yummy organic facials, scrubs and body wraps infused with the natural scents of Christmas and the goodness of fruit and spices.

With so much happening during December, Sanja and Rita appreciate that everybody could use some extra energy. Massage therapy goes deep to release tension in the muscles and the mind. Organic wraps and exfoliation remove toxins from the skin. A therapeutic or luxury pedicure restores life to tired feet worn out from shopping. To get terrific money saving discounts on services, ask to become a VIP member.

Relaxation begins even before the treatment does. Pure Day Spa's tranquility envelopes you as gently as the soft robe you are given to wear. Complimentary beverages and snacks, the contemporary Zen décor and private treatment rooms enhance the respite from holiday busyness and winter chill.

The Pure Day Spa experience ought to be shared with others. Browse in the boutique for thoughtful gifts that the special people in your life will love to receive. Blissful hand and body products that nourish dry winter skin. Gift certificates for manicures and pedicures, perfect for your male and female friends. An elegant evening bag for your sister. Distinctive jewellery for your mother. A massage for your brother. A makeup

session for your favourite teenaged girl. All charmingly presented in Pure Day Spa's gift bags, tied with festive ribbon.

For someone really special, choose one of several spa packages. Each treatment is enriched with vitamins, antioxidants and nourishing ingredients.

The Spa Euphoria features the Queen's Dream facial, one of Pure Day Spa's most requested services. The facial's pearl protein complex brings luminosity and strength to the skin. A collagen mask rejuvenates vitality. The package's full body massage and therapeutic pedicure transform a tired body into one that is ready to dance into the New Year.

The expectant mother will welcome the prenatal massage and pedicure. The Spa Monsieur package with a cleansing facial and full body massage will let him look and feel his best. For your shopping convenience, gift certificates can be purchased at Pure Day Spa or at [www.puredayspa.ca](http://www.puredayspa.ca).

"All of us here at Pure Day Spa would like to thank our loyal clients for our success," says Rita. "Happy Holidays to everyone!"

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Diverse array of advanced treatments, products, and immaculate client care has turned PURE's name into the most trusted spa venue in the area. PURE has brought the spa experience to a whole new level, and has been awarded for being "Outstanding New Business of 2007". After more than a year of business, PURE is admired for its extraordinary professionalism, and is renowned for having impeccably loyal clients.

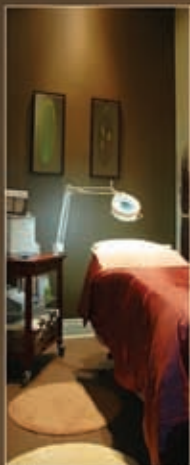
A day at PURE is more than just a day at the spa; it is a getaway for the soul, leaving you relaxed, refreshed and reenergized. Here are a few of quotes about PURE published by the local media.

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**Dr. Ruth Markovic**

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As the end of the year approaches, I am full of hope and optimism for the future. Along with my staff I am continuing my quest to help my patients maintain a youthful appearance through the many different procedures we offer and perform. Here, I will outline some of these procedures and invite you to visit my office for a consultation to determine which procedures are best suited to fit your needs and expectations.

Here is some advice for the well being of your skin quality and its appearance: start early with good habits for health and beauty. Pleasant youthful people do better in life.

Maintenance is essential. Get your skin into good shape with six no down time peels and \$180 worth of Medique creams. This will help your pores to shut down and your skin to smooth through collagen buildup. Medique products have 12 helpful ingredients per item, for example: five different Alpha Hydroxy Acids (AHAs), two Beta Hydroxy Acids (BHAs) for lines and wrinkles as well as many vitamins and antioxidants. Other brands can have as little as one helpful ingredient. Botox treatment can be started in your 20s when fine lines first appear. After a few treatments, their frequency can be drastically reduced while maintaining the desired results.

I travelled to China a year ago to look at inexpensive lasers. The ones they offered were not as good as those that I had and discarded 12 years ago. Like appliances and cars, lasers come in many forms and quality levels. You can have a scaled down model: painful, cheap and less effective or an upscale luxury model: painless and much more effective with fewer treatments necessary. I pride myself in having and using only the finest lasers available.

Mesotherapy is a European treatment using small pin pricks to infuse Hyaluronic Acid and a mixture of many vitamins and protein building blocks directly under the skin. Before introducing this procedure to my patients I underwent the treatment myself. After numbing my skin the procedure was not painful and even after only one treatment I loved the results. The treatment can be used on the face, neck, chest and even your hands. These are the areas people notice. In fact a recent talk show rated the hands as the third most noticed thing about a person, even more than a Prada handbag. I use Mesotherapy and fillers to plump the skin, creams and peels to tighten pores and lasers to erase pigment and redness in all visible areas around the face, chest and hands. Treatments can be completed in as little as 10 to 20 minutes. Those thin crepey lines in the neck and chest skin can be improved in as few as one to three visits with Mesotherapy and/or through the use of fine line fillers such as Esthelis soft.

I have treated varicose and spider veins for years and these treatments are more than cosmetic. After the treatment, proper bandaging and stocking give great results. We have an inventory of hundreds of stockings from three different suppliers. Once treatment is completed you will find you have more energy and less swelling and aching in your legs. Please use compression stockings while on all of your travels and even sedentary jobs to prevent blood clots.

Body contouring is still a very important part of what we do. Our new Endermology massage is gentle and very effective. Along with Mesotherapy and Accent treatments it dissolves fat while our Palomar infrared laser tightens skin.

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We now offer the new Carbossi treatment that tightens the skin under the eyes and helps to eliminate dark circles. Carbossi combined with Lipodissolve aids in reduction of body fat. Carbossi on its own or when used with Minoxidil infusion stimulates hair growth. It can also be used to heal varicose veins and skin ulcers quicker.

Our latest addition is Susan Posnick mineral makeup, the purest form of mineral makeup available. For a limited time we are offering a free makeup session using these wonder products. Call for an appointment.

If you are unsure of what procedure you need, simply call for a consultation appointment. I, along with my experienced staff will determine what procedures can best address your concerns. Remember, you don't have to do them all at once. We will gladly work with you as your timing and budget allows.

On the topic of budget, I have reduced the prices on most of our procedures and products to the lowest possible level. These prices will stay in effect for the rest of this year and will be in effect even for procedures booked into next year. This is my way to help you not only look your best but to boost your confidence in yourself as together we weather these less than perfect times.

I look forward to meeting with you and wish you the happiest of the holiday season.

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